

**FROM THE BREAKFAST  
BUFFET**

*Orange, Grapefruit and Apple Juice*

*Natural Yoghurt, Home Made Fruit  
Compotes*

*Croissants, Pastries, Bread Rolls and  
Muffins*

*Poached Prunes and Apricots*

*Selection of Breakfast Cereals*

*Home Made Granola*

*Fresh Fruit*

**FROM THE KITCHEN**

*Porridge, Demerara Sugar and Cream*

*Continental Meats and Cheeses*

*Fresh Grapefruit Segments*

**COOKED BREAKFASTS**

**FULL ENGLISH**

*Bacon, Sausage, Plum Tomato,  
Field Mushroom, Fried Bread  
Eggs - Fried, Scrambled or Poached*

**SMOKED SALMON**

*Toasted Muffin, Scottish Smoked  
Salmon, Scrambled Eggs*

**EGGS BENEDICT**

*Toasted Muffin, Ham, Poached Egg,  
Hollandaise Sauce*

**GRILLED KIPPER**

*Grilled Kipper, Lemon and Parsley  
Butter*

**SMOKED HADDOCK**

*Smoked Haddock, Poached Egg,  
Hollandaise sauce*

**OMELETTES**

*Smoked Scottish Salmon  
Cheddar Cheese  
Field Mushroom*

**BOILED EGGS**

*Served with Toasted Soldiers*